



The 10 best places to experience autumn in Cumbria

Autumn is one of the most spectacular times to visit the Lake District, Cumbria, as the landscapes turn from green to gold. Here are ten places to visit to see the best autumn hues.

1. [Red Deer Cruises, Ullswater:](#)

Experience one of nature's finest events this autumn in Ullswater. Join the RSPB from 6th October to 9th October 2016 on a private cruise from Glenridding to Howtown, then travel into Martindale to witness nature's spectacle: the Red Deer Rut.



2. [Grizedale Forest, near Hawkshead:](#)

The changing environment at Grizedale Forest means you never see the same sight twice. Take the walking trail around the 40 unique sculptures and see how the landscape has been inspiring artists since 1977.

3. [Furness Abbey, Barrow-in-Furness:](#)

Surrounded by woodlands and an ancient amphitheatre, the remains of Furness Abbey are built from local sandstone so even the colour of the church compliments the changing of the leaves.

4. [The Borrowdale Valley:](#)

Borrowdale is a fabulous base for exploring the high fells and the charming paths or bridleways on foot or by cycle and this autumn the Leathes Head Hotel has teamed up with photographer Jason Chambers to offer a personalised photography break to capture the seasons golden colours.

5. [Scout Scar, Lyth Valley:](#)

As the darker night draw in, catch a stunning Lakeland sunset from the peak of Scout Scar, which now lays in the newly extended Lake District National Park.

6. [Ruskin's View, Kirkby Lonsdale:](#)

Feast your eyes on a breathtaking panorama of the Lune Valley from the famous Ruskin's View; which 19th century art critic, social theorist, painter and poet John Ruskin himself described as 'one of the loveliest views in England, therefore in the world'.



7. [Talkin Tarn, Brampton:](#)

Explore ancient woodlands, easy footpaths, glacial tarns at Talkin Tarn. For all, the 1.3km circular path is ideal for a gentle stroll or try one of the three woodland trails to explore the woods and meadows surrounding the traditional tarn.

8. [Ennerdale Forest:](#)

The wildest and least inhabited valley in the Lake District, follow the forest road past Ennerdale Water and through the woodland to the remote, Black Sail. Start at Bowness Knott car park and experience the wildest and most vibrant environment as the shades change.

9. [Grasmere Village:](#)

See Grasmere's valley unfold from the windows of Allan Bank, discover the village which William Wordsworth called home or warm up with a hot chocolate and world famous Grasmere Gingerbread. Whether you want to be outside exploring or indoors cosying up, Grasmere hold a quintessential image of Lakeland in autumn.



10. [Blackwell, The Arts & Craft House, Bowness on Windermere:](#)

Spinning the Colours of Lakeland: 24 September – 29 January

Colour I revel in' – the words of Annie Garnett, designer and entrepreneur who became a key figure in manufacturing in the Lake District. The exhibition will include examples of Annie Garnett's spinning and weaving designs on paper, silks, embroideries and textiles. It will also explore the inspiration for the forms and colours of these in the landscape of Lakeland.

To plan your perfect autumn visit to The Lake District, Cumbria visit the [GoLakes website](#).

Images available in [Dropbox](#).

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Notes to Editors:

1. **For more information, images or press trip opportunities please contact Cumbria Tourism Press Office on: 01539 825019 or email pressoffice@cumbriatourism.org**
2. **Cumbria Tourism** is the lead organisation for tourism in the county and is at the heart of the Cumbria Visitor Economy. It is also the largest membership organisation in Cumbria with more than 2,400 members. In 2015, more than 43 million people visited Cumbria, contributing more than £2.62 billion to the local economy and support around 61,000 jobs.
3. For more information about visiting the Lake District, Cumbria, visit: www.golakes.co.uk
4. To find out more about the work of Cumbria Tourism, visit www.cumbriatourism.org