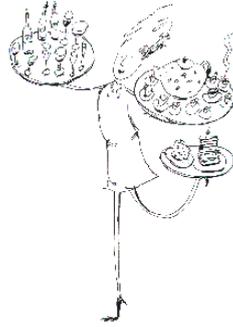


# Lucy's Inside Out Catering Cold Buffet



**Our cold buffet menu is perfect for small and large parties.**

*All our cold buffet dishes are £3.50 per person. This menu is great to incorporate with our Delicious Dessert menu and our Scrumptious Salad menu. Please contact us if you are having a larger function and we will see what we can do for you!*  
(\*-gluten free/ v-veggie)

## Magnificent Meaty **Chicken Kebabs\***

Chicken breast chunks, marinated in yoghurt, spices & herbs together with red onions & mixed roasted peppers

## **Baby Yorkshire Puddings**

Individually filled with rare roast beef and topped with a horseradish crème fraiche (gluten free available)

## **Cumberland Sausages**

Wrapped in Waberthwaite bacon OR glazed with Cumbrian Honey OR Wrapped in paprika puff pastry

## **Mediterranean Tartlets**

Individual pastry shells filled with smoked bacon and thyme

## **Fellbred Beef Fillet Skewers\***

Tender beef fillet skewered and served with a Cumberland Mustard glaze

## **Homemade Scotch Eggs**

Free range eggs, encased in Cumberland sausage, rolled in crispy breadcrumbs

## Veggie

## **Mediterranean Tartlets**

Individual pastry shells filled with either: Mediterranean roasted vegetables (v), Camembert with red onion marmalade (v), Cherry tomato and mozzarella (v)

## **Pimento Peppers (v) \***

Lovely Mediterranean peppers filled with feta, basil, and pine nuts, drizzled with garlic oil flavoured with mint

## **Italian Roasted Tomato and Goat's Cheese Tart (v)**

A savoury 'traybake' of puff pastry, topped with plump sliced tomatoes, together with creamy goat's cheese, ovenbaked until the flavours merge and garnished with fresh basil

## **Vegetarian Scotch Eggs (v)**

Free range egg, encased in a vegetarian combination and then rolled in breadcrumbs

## **Vegetable Kebabs (v)\***

Chunks of peppers, mushrooms, tomatoes and onion, marinated in rosemary and garlic

## **Fabulous Fishy**

### **Skewered Tiger Prawns\***

Marinated with garlic and herbs, skewered and grilled, served with a saffron aioli dip

### **Smoked Salmon Parcels\***

Smoked salmon wrapped around a creamy smoked trout mousse, accompanied by a dill sauce & lemon wedges

### **Poached Pieces of Scottish Salmon\***

Poached and served with cucumber, dill and a lemon mayonnaise

An added extra for the Buffet may include a Centre Piece, one of our fruit topped pie selections or perhaps a mezze style platter. These can be added or incorporated into your Buffet at an additional cost.

## **Pie selection £6 per person**

### **Chicken and Apricot Pie**

A proper pie, decorated with apricot halves, packed full of succulent pieces of meat encased in crisp pastry and topped with apricot halves

### **Pork and Apple Pie**

Another meaty fruity pie that will tickle the tastebuds

### **Mixed Game Pie**

Hand raised pie, decorated with fruit and packed full of meat

## **Centre Piece £6 per person**

### **Cumberland Clove studded Honey roasted Ham\***

a piece of ham suited to the size of your party, scored and studded with cloves then rubbed with honey, oven baked, served with a coarse Cumberland mustard crème fraiche sauce or Cumberland sauce

### **Roast Lakeland Beef\***

A whole piece of Fellbred Beef, served slightly pink together with horseradish cream

### **Whole Scottish Salmon\***

A whole fish, complete with head and tail – Poached, dressed and garnished with lemon wedges

## **Buffet Platters £7 per person**

### **(Great for starters!)**

#### **Meaty Platter\***

A sumptuous selection of cornets of continental meats to include salami, parma ham, mortadella and pastrami

#### **Patchwork Pate Selection**

A trio of assorted pate with a meaty, fishy, and veggie option served with melba toast (we could make these all vegetarian if you wish - gluten free without the toast!)

#### **Veggie Antipasto (v) \***

Mozzarella cheese, rocket leaves with a balsamic glaze, sunblushed tomatoes, marinated olives, caper berries

#### **Delicious Dippers (v)**

Various dips – houmous, tsatsiki, baba ganoush with crudities, breadsticks and marinated olives

#### **Cheese Platter \* (v)**

A selection of local cheese presented with biscuits, grapes and apple

# Lucy's Inside Out Catering Scrumptious Salads



**It isn't just rabbit food! Our chef has come up with a lovely selection of salads that are perfect for your Cold Buffet on the Lakes**

*All our salads are priced at £3 per person per salad. (\*-gluten free/v-veggie)*

## Sumptuous Salads

**New potatoes with a herb olive oil or butter\*(v)**

**Mixed leaves and herbs served with homemade dressing\*(v)**

**Tomato mozzarella and basil, drizzled with a balsamic and olive oil dressing\*(v)**

**Greek salad - using feta, olive, tomatoes and cucumber\*(v)**

**Cous cous (or rice\*) with roasted peppers, red onions, tomatoes, mint and coriander (v)**

**Classic potato salad – with sour cream, mayonnaise and herbs\*(v)**

**Pasta with fresh pesto, rocket and pine nuts(v)**

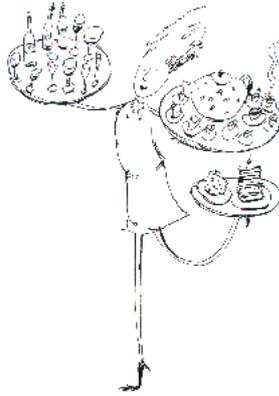
**Sliced Beetroot – plain and simple\*(v)**

**Mixed Bean Salad in French Vinaigrette\*(v)**

**Green Bean and Mange Tout with pea shoots and a light sesame oil dressing\*(v)**

**Grated Carrot, ginger, sultana and poppy seed\*(v)**

# Lucy's Inside Out Catering Delicious Desserts



**‘A balanced diet is a cake in each hand’! We can keep Cumbria Curvy and with the fabulous list below of luscious sweet treats we think we can achieve it!**

**Our mini-selection of cakes and traybakes are the perfect sweet treat for your cold buffet.**

*Simply pick a choice of 2 for £4.00 or 3 for £5.50*

## Mini-Sweet Treats

**Chocolate Mousse ‘Cuplet’\***

**Mini- Raspberry Pavlova\***

**Mini-Cheesecake – we have a variety!**

**Carrot and Cranberry Cake (\*available)**

**Double Chocolate Tiffin (\*available)**

**Lemon Drizzle Cake (\*available)**

**Fairy Cakes (\*available)**

**Westmorland Pepper Cake served with Wensleydale cheese**

**Double Chocolate Brownie (\*available)**

**Coniston Gingerbread**

**Shortbread Hearts**

**Miniature Scones with Rum Butter and/or Strawberry Jam and Cream**

**Fresh Strawberries dipped in white & dark chocolate \***

We can provide you with full on-site service or can simply arrive, set-up and collect – whatever you want?! We also have a variety of other menus that are suitable for your trip on the Lake from a wintery Soup and Sandwich to a full Afternoon Tea presented on tiered cake-stands.

Please do get in touch with us at [insideout@lucysofambleside.co.uk](mailto:insideout@lucysofambleside.co.uk) or 015394 32288 and ask for Amy who will help you with all your catering and party planning needs!